

two feet & a heartbeat

Two Feet & A Heartbeat is a 4km walk, symbolising the four lives lost to childhood-onset heart disease (CoHD) each week in Australia, and held in honour of all children living with CoHD. Participants can also choose to walk 8km, representing the eight babies born with a heart condition every day.











MACKAY TWO FEET & A

Meeting Point: Gooseponds Park, North Mackay Date: Sunday, 19 October 3:30 PM - Pre-Walk Activities Kick Off 5:30 PM - Formalities & Memorial Service for Our Heart Angels 6:00 PM - Walk Commences

HEARTBEAT WALK

As Mackay's Two Feet Family Champion for 2025, our family will be leading the walk, starting from Gooseponds Park. This walk is a chance to come together in support, remembrance, and hope.





Scan to donate to Team Tyler for HeartKids Registrations close Sunday 12th October

Team Tyler

As parents of two heart children and with our son Tyler requiring major open heart surgery at only 12 weeks old, the HeartKids organisation has a very special place in our family's life. This year, HeartKids have asked our family to be the ambassadors for Two Feet & A Heartbeat walk. This is an honour and privilege to be the chosen family for 2025. What we went through with Tyler is something we will never forget, something quite unimaginable for us and our families. It challenged our faith and inner most strength as individuals, parents and as a family. Today Tyler is one strong boy and we are so super proud of him and what he has achieved to date. His smile says it all.

